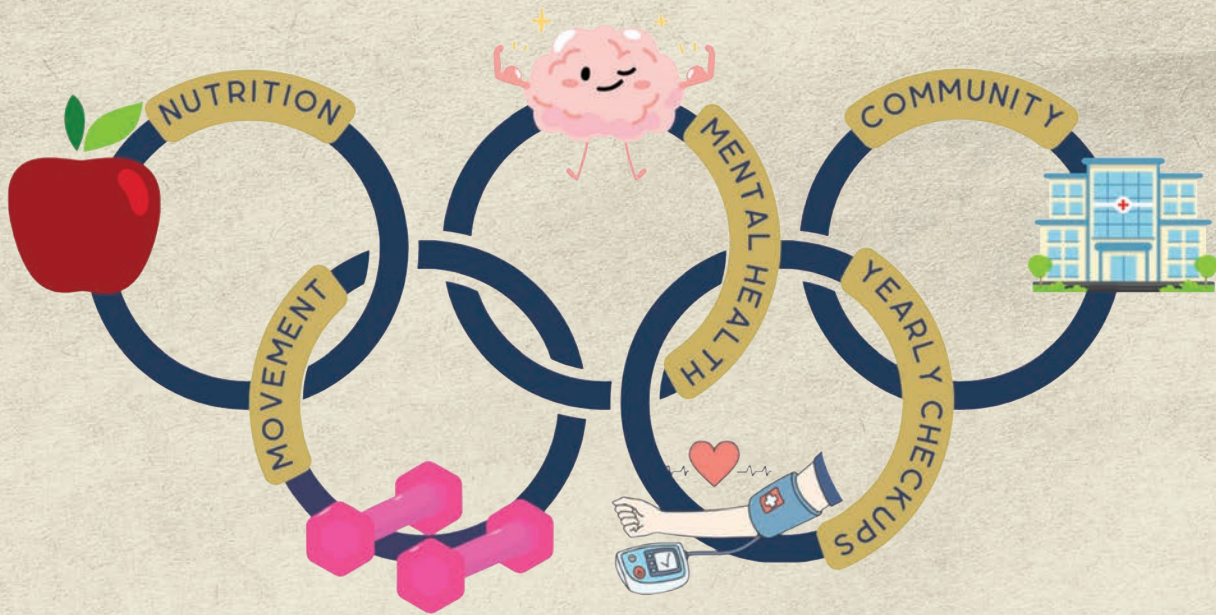


# HealthWorks



2024 OPEN ENROLLMENT | June 3 - September 27

## NEW WAYS TO GO FOR **GOLD!**

Complete a Biometric Screening to save \$50 on your hospital health insurance each month, then participate in these HealthWorks activities for a chance to win prizes like TVs, iPads, AirPods, ETO and more!



### HEALTH RISK ASSESSMENT

Log on to your HealthWorks portal to view your Biometric Screening results and complete a Health Risk Assessment (HRA).



### HEALTH COACHING

Call the HealthWorks office at (256) 265-6288 for an appointment.



### ANNUAL PHYSICIAN REVIEW FORM

Review your HealthWorks Biometric Screening result with your doctor and get up-to-date with your preventive screenings! Forms are available in the HealthWorks office and on the Pulse page.